

Breast Exam Scheduling Guide

FOR FEMALE PATIENTS

Patient Age	Patient History		Recommended Exams		
	Asymptomatic	Symptomatic	Screening or Diagnostic	Modality	Exam Description
40 yrs and older	Routine Annual Exam (No Breast Symptoms)		Screening	MG	3D Tomosynthesis (77063), Bilateral
	Routine Annual Exam With Breast Implants (No Breast Symptoms)		Screening	MG	3D Tomosynthesis (77063), Bilateral
	Family History of Breast CA or High Risk of Breast CA		Screening	MG	3D Tomosynthesis (77063), Bilateral
	Dense, Fibrocystic, Diffuse Cystic Mastopathy breast tissue		Screening	MG	3D Tomosynthesis (77063), Bilateral
	Personal History of Breast CA >3 years		Screening	MG	3D Tomosynthesis (77063), Bilateral-Lumpectomy or 3D Tomosynthesis (77063), Unilateral-Mastectomy
		Generalized/Diffuse Pain or Burning (No Palpable Mass)		Screening	MG
30-39 years old	High Risk for Breast CA (Full personal/family HX needs to be included on the order for risk evaluation)		Screening	MG	3D Tomosynthesis (77063), Bilateral
30 yrs and older	Personal History of Breast CA <3 years		Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral-Lumpectomy or 3D Tomosynthesis Diagnostic Mammogram (77061), Unilateral-Mastectomy
		Lump or Mass (Provide o'clock position)	Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral
		Focal Pain-Noncyclical (Provide o'clock position)		US	Ultrasound Breast, Limited (76442) (Affected Side(s))
		Nipple symptoms: Retraction (New Onset Only) or Spontaneous Nipple Discharge (Clear or Bloody)	Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral
				US	Ultrasound Breast, Limited (76442) (Affected Side(s))
	Symptoms of Mastitis (Inflammation/ Infection)	Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral	
			US	Ultrasound Breast, Limited (76442) (Affected Side(s))	
29 yrs and Younger		Lump or Mass (Provide o'clock position) Focal Pain-Noncyclical (Provide o'clock position) Nipple Symptoms		US	Ultrasound Breast, Limited (76442) (Affected Side(s)) Note: Radiologist will make recommendation for MG or other exam, if required, based upon US

Any outstanding recommendations from an outside facility, that needs to reestablish breast care at IHS, will need a Bilateral Diagnostic Mammogram and an US Limited order with the area of concern noted.

Breast Exam Scheduling Guide

FOR MALE PATIENTS

Patient Age	Patient History		Recommended Exams		
	Asymptomatic	Symptomatic	Screening or Diagnostic	Modality	Exam Description
24 yrs and Younger		Palpable Lump/ Mass (Not Gynecomastia)	Diagnostic	US	Ultrasound Breast, Limited (76642) (Affected Side(s)) <i>(Technologist will scan the contralateral breast for comparison purposes. Exam charges will only be for the ordered exam.)</i>
				MG	3D Tomosynthesis (77062), Bilateral <i>(Order will be scheduled but only completed upon Radiologists discretion)</i>
25 yrs and Older		Gynecomastia	Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral
				US	Ultrasound Breast, Limited (76642) (Affected Side(s)). <i>Note: US will be completed at the discretion of the Radiologist, based upon MG findings.</i>
		Palpable Lump/ Mass/Nipple Retraction (Not Gynecomastia)	Diagnostic	MG	3D Tomosynthesis Diagnostic Mammogram (77062), Bilateral
				US	Ultrasound Breast, Limited (76642) (Affected Side(s)).
30 yrs and older	High Risk for Breast CA <i>(Full personal/family HX needs to be included on the order for risk evaluation)</i>		Screening		3D Tomosynthesis (77063), Bilateral