

# Appointment Reminder

- 1 Oceanside**  
3601 Vista Way  
Ste 101  
Oceanside, CA 92056
- 2 Encinitas**  
477 N. El Camino Real,  
Bldg A, Ste 102  
Encinitas, CA 92024
- 3 Poway**  
12620 Monte Vista Road  
Ste A  
Poway, CA 92064
- 4 La Jolla**  
4150 Regents Park Row  
Ste 195  
La Jolla, CA 92037
- 5 Kearny Mesa  
(MRI/DEXA Services Only)**  
3939 Ruffin Road  
Ste 102  
San Diego, CA 92123

- 6 San Diego**  
6386 Alvarado Court  
Ste 121  
San Diego, CA 92120
- 7 Hillcrest**  
150 W. Washington Street  
San Diego, CA 92103
- 8 National City  
(MRI/Mammography/  
Ultrasound Only)**  
2427 Transportation Ave  
National City, CA 91950
- 9 Chula Vista**  
333 H Street  
Ste 1095  
Chula Vista, CA 91910



**Phone: 858-658-6500**  
**Espanol: 858-658-6400**

To access your imaging report, visit our Patient Portal at: [myihsonline.com](http://myihsonline.com)

Para acceder su reporte de imágenes, visite nuestro Portal para pacientes en: [myihsonline.com](http://myihsonline.com)



*Note: X-Rays are by appointment. Please visit our patient portal at [myihsonline.com](http://myihsonline.com) or use the QR code to schedule your X-Ray appointment.*

## Appointment Information / Información de Cita

Exam / Examen: \_\_\_\_\_

Date & Time / Fecha y Hora: \_\_\_\_\_

Please Arrive / Por Favor de Llegar: \_\_\_\_\_

Exam Instructions / Instrucciones de examen: \_\_\_\_\_